

**GUEST LECTURE  
ON  
WORLD HEALTH DAY**

**DATE: 07/ 04 /2024**

**TIME: 11:00 Am**

**VENUE: IN SEMINAR HALL OF SHREE SAI INSTITUTE OF NURSING AND MEDICAL SCIENCE GADCHIROLI.**

**PARTICIPANTS: STUDENTS AND TEACHER FACULTY**



Shree Sai Institute of Nursing And Medical Science Gadchiroli. organized " WORLD HEALTH DAY PROGRAM" for Students and staff. The Program which was held in college campus on 07 April2024 at 11.00 Am. The programme was started under the guidance of our Incharge Principal sir Mr. Uttam Khante.

*Uttam Khante*  
PRINCIPAL  
SHREE SAI INSTITUTE OF NURSING  
& MEDICAL SCIENCE, W-40  
GADCHIROLI - 442005

The programme was started at 11:00 Am and welcome address given by Ms. Archana Nimgade, Clinical Instructor of Shree sai institute of nursing and medical science Gadchiroli. Chief guest of this programme was Dr. Ashish Badhkal Cardiologist

After welcoming of guest traditional lamp lighting was done by chief guest along with principal Sir and Other Teaching Staff. Mr. Uttam Khante Sir to present the sapling to Dr. Dr. Ashish Badhkal Sir, and Ms. Aishwarya Sontake Mam to Present The sapling to Mr. Uttam Khante sir.

Dr. Dr. Ashish Badhkal sir, was opening the this year theme of World Health Day, The theme is "**MY Health My Right** On 7 April 2024 the World Health organization will observe its 76<sup>th</sup> birthday. WHO's 76<sup>th</sup> anniversary year is an opportunity to look back at public health successes that have improved quality of life during the last seven decades.

Dr. Ashish Budkar sir gave detailed information about how to stay healthy health through the adapt healthy life style like Nutritious food add in menu, Yoga, meditation for physical and mental health.

According to WHO Health is a state of complete physical, Mental and social wellbeing and not merely an absence of disease or infirmity.

Also sir highlight the point of preventive tips and effective ways to promote Physical, Mental, Emotional, Social and spiritual health. This year theme is a reminder call to everyone worldwide to create awareness about health as a universal human right.

It was such captivating session we have learned ,we had gained lots of information from the sir and this session usefull for our students and us.

After completion of speech of Chief guest, Mr. Uttam Khante ,Principal of Shree sai institute of nursing and medical science Gadchiroli ,to expressed her gratitude towards our guest lecture and share their knowledge regarding health and these year theme.

The session was conclude by Mr.Pankaj Wadhai with the vote of thanks.

  
PRINCIPAL  
SHRI SAI INSTITUTE OF NURSING  
& MEDICAL SCIENCE, WAKADI  
GADCHIROLI - 442605